

Patient Newsletter



Happy New Year

We would like to wish all our patients a happy 2024. It may be a challenging year ahead but we look forward to working with you all and thank you for your ongoing support. We would like to thank everybody for the Christmas cards and gifts, which were greatly appreciated

News

Retirement of Dr Jessica Harris

I'll be retiring from the partnership at the end of March, after 16 years at the practice and nearly 40 years as a doctor. A big change and a difficult decision. I'd like to thank my patients for the trust you've shown in me, and the local community for the wonderful support you give, unforgettable during the pandemic. Its been a great privilege to work here and be part of such a special team.

With best wishes to all,
Jessica Harris



OUR USUAL GP SYSTEM

At EMG we believe in continuity and research shows this improves patients' health. When a patient registers with us they are assigned a 'usual GP' who will deal with any issues for them. You can find out who your usual GP is or request a change by submitting an econ-sult or contacting reception if this is not possible.

OUR PATIENT PARTICIPATION GROUP (PPG)

Our patients' views matter to us and we recognize we are lucky to have patients with invaluable skills. If you would like to get more involved in our work (virtually or in-person) please email

print@associatedagencies.co.uk

Research update

We are delighted that two licenced immunisations have come from the studies we have been involved in during the last 2 years.

The AReSVi trial has studied a vaccine for RSV virus to prevent chest infections and hospital admissions in the older population. The Arexy vaccine is now licenced in the UK, currently as a private vaccine.

The Harmonie trial has studied a RSV long acting antibody to prevent hospital admissions and wheezy chest infections [bronchiolitis] in the baby and infant population. This immunisation is now licensed in the UK

Both vaccines/immunisations may become part of the future UK immunisation schedule.

Embrace: Prevention of blood infections - recruitment continues steadily to this trial of an investigational vaccine for the prevention of blood infections in adults 65 years of age or older who have history of urine infections in the last 2 years. We run a clinic each month.

ObservatARI study – is using a "point of care" machine in the practice to detect influenza, covid and RSV viruses. Patients aged 50 and over with a new onset respiratory infection are invited to take part and swabs taken by our clinical team are processed via this in house machine.

If you are interested in any of these studies please email bobicb-ox.research.eynshammg@nhs.net

Teaching update

Teaching and training are important parts of our work at Eynsham Medical Group. We are proud to offer a number of placements for medical students, GP trainees, and a recent nursing associate. We also continue to offer training for the rest of our clinical and non-clinical team.

We are very lucky to have many different people in our team but also understand it is sometimes complicated to understand exactly who everyone is and what their specific role may be. We encourage our team to introduce themselves as clearly as possible but please don't ever hesitate to ask for clarification.

To train a GP, students must first go to medical school for 5 or 6 years, followed by two years of general hospital training, and then 3 or more years of GP-training. We are very lucky in the practice to teach medical students across all years for the Universities of Oxford and Buckingham and to host a number of GP trainees within our practice, who are all supported by a GP trainer.

Depending on their stage, medical students may be observing or may see their own patients before they are seen by a GP. GP trainees see their own patients under close supervision by their trainers.

We are very grateful to all our patients who help train the next generation. It is hugely valued by students and trainees and we regularly receive excellent feedback about the quality of our placements and how lovely our patients are. If at any time you would prefer not to see a student please do mention that to the team when you are booking the appointment.

Thank you again for supporting this important part of our work.

RETURN YOUR USED INHALERS TO A PHARMACY TO HELP REDUCE YOUR CARBON FOOTPRINT



The propellants used in **some inhalers** are powerful greenhouse gases that contribute to **climate change**. Even after an inhaler is finished it still contains these environmentally damaging gases.
(Please be assured these gases are not harmful to you when you use your inhaler)

Return all used inhalers to your local pharmacy for safe disposal – Returned inhalers will be incinerated which will destroy the greenhouse gases and prevent inhaler plastics going to landfill



Don't throw used inhalers into your household waste or recycling bins! Landfill disposal of inhalers is harmful to the environment due to left over gases being released into the atmosphere. Plastics from inhalers cannot be recycled using domestic recycling schemes



Make each puff count! – Only order your inhaler when required to reduce waste

*If you have concerns about the environmental impact of your inhaler, make an appointment with your GP practice - **don't stop using your inhaler!***

Staff Role Profile

Physician Associates (PAs) are part of the medical team working alongside doctors. Whilst not being doctors, PAs are fully trained, qualified and supervised healthcare professionals who can take medical histories, perform physical examinations, diagnose and treat patients.

Our role at Eynsham Medical Group is to support doctors by seeing a variety of patients, including urgent 'on the day' appointments and managing patients with chronic illnesses.

Health Tips/Resource

Pharmacies are now able to provide free repeat contraceptive pill prescriptions directly, without the need for a GP prescription issue. Your local pharmacy that can offer this service is Hanborough Pharmacy. Please present to your local community pharmacy to request this and they can provide the prescription at the time of the consultation.

Explanatory video at <https://tinyurl.com/ckhvfbnn>

Our Team

GP PARTNERS

Dr Neil Rust:	Mon, Tues, Thur
Dr Kyan Zarbalian:	Tues, Wed, Fri
Dr Jessica Harris:	Mon, Wed, Thur
Dr Ian Binnian:	Tues, Thur, Fri
Dr Lorenz Kemper:	Mon, Wed, Fri
Dr Amar Latif:	Mon, Wed, Thur
Dr Alexa Zhao:	Tues, Wed, Thur
Dr Emma Ladds:	Mon, Thur

SALARIED GPs

Dr Emma Thorncroft	Wed, Thur, Fri
Dr Melissa Holden	Tues, Wed, Thur, Fri
Dr Nevila Ledwidge	Mon, Tues, Thur, Fri
Dr Emily Aries	Mon, Tues, Thur
Dr Alice Neffendorf	Mon, Wed, Fri (Maternity leave)
Dr M Onobhayedo	Mon, Wed
Dr Cathy Scott	Wed, Fri
Dr Saleema Sharief	Wed, Fri

GP TRAINEES

Dr Matthew Klos	Mon, Wed, Thur, Fri
Dr Emma MI	Mon, Thur
Dr Zach Craft	Mon, Wed, Thur, Fri
Dr Conor Coyle	Day TBC

NURSING AND HCA TEAM

Janice Williams	Joanne Johnson
Leanda Rankin	Jane Bery
Sandra Syphas	Jacqui Chok
Kerry Smith	Sue Jux
Krystie Batchelor	Anne Secker

URGENT CARE TEAM

Sarah Bright	Amy Hodge
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MANAGERIAL TEAM

Tracy Girvan	Practice Manager
Naomi Roberts	Deputy Practice Manager
Kate Rudman	Appointments Manager
Christine Foakes	Vaccine Coordinator & Management Assistant
Chloe Appleton	PCA Manager
Sara Barrett	Dispensary Manager
Leanda Rankin	Nursing Team Lead
Chris Longson	Research Manager



PHYSICIAN ASSOCIATES

Hayleigh Clifford
Joshua Arnold

CLINICAL PHARMACIST TEAM

Robert Jaynes
Alice Nugent
Katie McDonald
Shabneez Badal

Research Team

Victoria Mills
Elenor Jones

We also have a team of invaluable other staff including Patient Care Advisors, Secretaries, Dispensers, Administrators, and others who support our clinical work.